

verse 1

To the one who's dreams have fallen all apart
and all your left with is a tired and broken heart
I can tell by your eyes you think you're on your own
but you're not alone
Have you heard of the one who can calm the raging seas
Give sight to the blind pull the lame up to their feet
With a love so strong it never lets you go
no you're not alone

Chorus

You will be safe in His arms. You will be safe in His arms
The hands that hold the world are holding your heart
This is the promise He made, He will be with you always
When everything is falling apart, you will be safe in His arms

Verse 2

Did you know that the voice that brings the dead to life
Is the very same voice that calls you now to rise
So hear Him now, He's calling you home. You will never be alone

Bridge

Cause these are the hands that built the mountains, the hands
that calm the sea
These are the arms that hold the heavens and They are holding you
and me
These are the hands that heal the leper pull the lame up to their
feet
These are the arms were nailed to the cross to break our chains
and set us free